## EASTSIDE Technology NIGHT

## PARENTING IN THE DIGITAL AGE

LEARN ABOUT THE IMPORTANCE OF DISTRACTION-FREE LEARNING ENVIRONMENTS. HEAR FIRSTHAND FROM TEACHERS AND STUDENTS ABOUT THE POSITIVE CHANGES TAKING PLACE IN THE CLASSROOM.

TECHNOLOGY SAFETY: INSIGHTS FROM "ANXIOUS GENERATION"

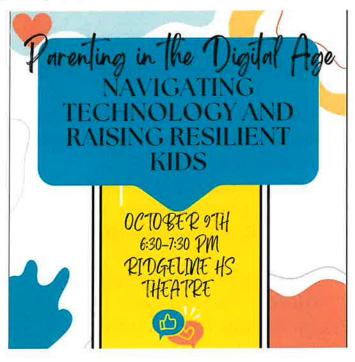
OUR SCHOOL COUNSELORS AND LOCAL LAW ENFORCEMENT WILL SHARE VITAL INFORMATION ON MENTAL HEALTH, DEVICE ADDICTION, AND HOW PARENTS CAN ENSURE PHONE SAFETY FOR THEIR CHILDREN. WE'LL ALSO TOUCH ON THE ROLE OF AI IN TODAY'S WORLD.

SCHOOL DISTRICT TECHNOLOGY POLICIES UNDERSTAND WHY FOLLOWING DISTRICT TECHNOLOGY POLICIES IS ESSENTIAL FOR STUDENT SUCCESS AND WELL-BEING IN CREATING DISTRACTION-FREE LEARNING ENVIRONMENTS AND HOW YOU CAN HELP SUPPORT OUR SCHOOLS.

PRACTICAL RESOURCES FOR PARENTS GET ACCESS TO HELPFUL RESOURCES AND INFORMATION TO TAKE HOME, EMPOWERING YOU WITH THE TOOLS TO SUPPORT YOUR CHILD'S HEALTHY TECH HABITS.

CLOSING & NEXT STEPS

WE'LL WRAP UP WITH WAYS TO STAY INFORMED, INCLUDING HOW TO SIGN UP FOR ADDITIONAL RESOURCES, VIDEOS, AND PODCASTS.



Ridgeline High School Theatre

OCTOBER 9TH

6.30-7:30pm